

BENEFITS SCHEDULE

Emerald Membership

A clear guide to your monthly wellness pool, category caps, ramp timing, and member support.



MONTHLY MEMBERSHIP

\$249

with Gabriel as AOR; \$279 standalone

BASE WELLNESS POOL

Up to \$500

after the 90-Day Ramp

WITH WEARABLE BONUS

Up to \$600

after eligibility is met

THE SHORT VERSION

One pool. Five wellness categories.

Gabriel helps you understand eligibility, submit documentation, and track approved requests. The exact eligible amount is governed by your remaining pool, category cap, reimbursement percentage, fair-market value, and approval rules.

Current as of July 28, 2026

Individual tier amounts shown. Household details are confirmed during enrollment.

MONTHLY CATEGORY CAPS

Where your wellness pool can go

Category caps are spending guardrails inside your total monthly pool. They are not separate balances and do not add together to create a larger pool.

01 BODY CARE

Up to \$100 / mo

Chiropractic, massage, acupuncture, bodywork, red light, sauna, and eligible recovery modalities.

02 DIAGNOSTICS & DOCTORS

Up to \$150 / mo

Labs, imaging, integrative and functional practitioners, holistic dentistry, specialists, and other eligible care.

03 SUPPLEMENTS

Up to \$250 / mo

Eligible vitamins, supplements, prescriptions, and legally prescribed and dispensed peptides.

04 FITNESS & MOVEMENT

Up to \$150 / mo

Eligible gym and studio memberships, personal training, and recurring movement programs.

05 MIND CARE

Up to \$100 / mo

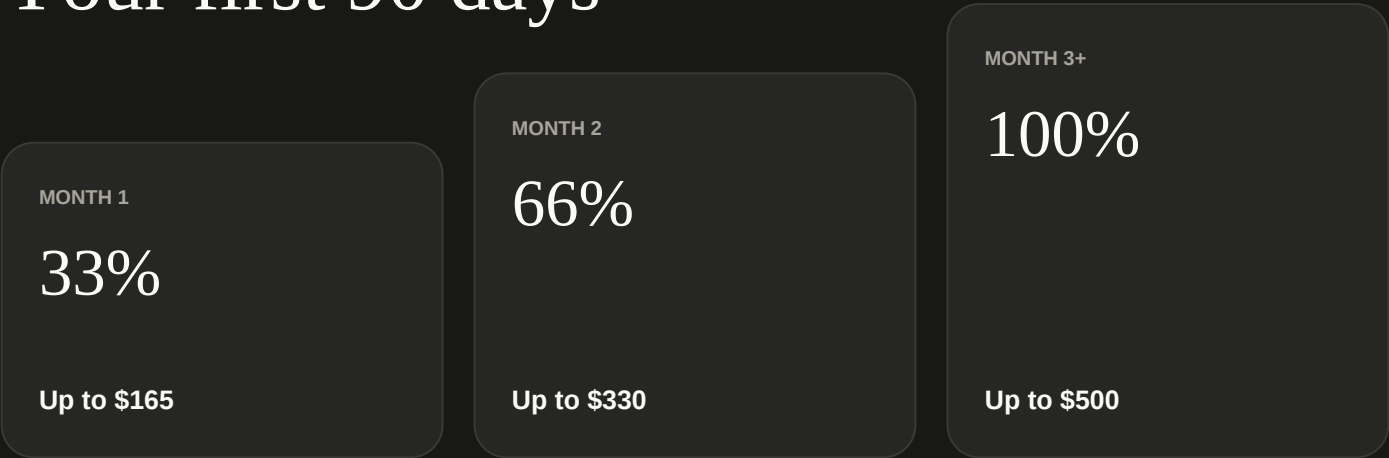
Eligible therapy, coaching, psychiatry, breathwork, neurofeedback, and similar support.

THE CONTROLLING RULE

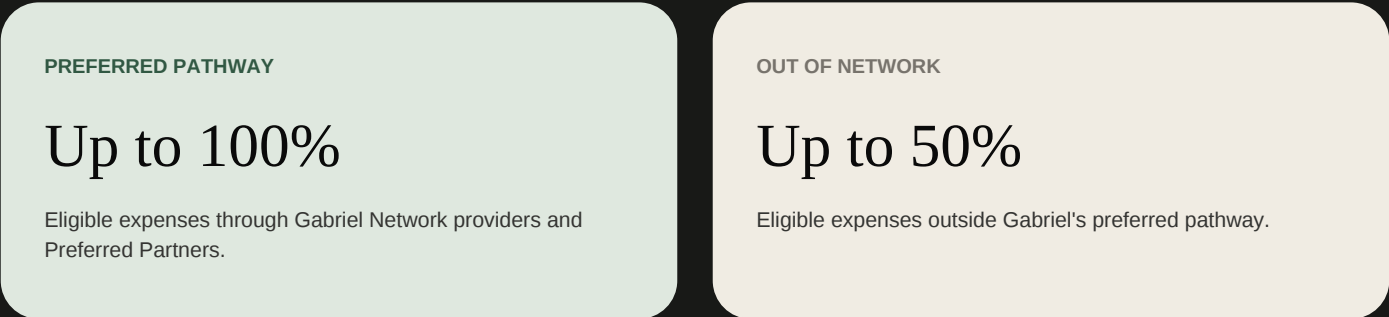
For any request, the effective limit is the lowest applicable amount among the category cap, remaining monthly pool, eligible reimbursement percentage, fair-market-value limit, and any pre-approval or other approval limitation.

HOW IT WORKS

Your first 90 days



Category caps remain at their full values during the ramp. The ramped monthly pool is the binding total. Wearable bonuses can begin in Month 3 after eligibility requirements are met.



Member support

AI-first member support with human escalation where appropriate.

Reimbursement target

48 hours after complete documentation and approval. Timing is a target, not a guarantee.

Pre-approval

Pre-approval is required for any single expense of \$300 or more, higher-risk categories, recurring protocols, and unusual, bundled, experimental, or high-cost services.

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